

DEPARTMENT OF EXPERIENCE DESIGN & MANAGEMENT

ExDM 123, Sec. 002, "Introduction to Outdoor Recreation"
Course Outline • Fall Semester 2023
202 RB • Thu 5-8:50 PM

Instructor: Phil Kelly – 145A Richards Building - 422-3130 - email: phil_kelly@byu.edu

Course Definition:

For the purpose of this class, *outdoor recreation* is defined as any activity pursued outdoors or indoors involving knowledge, use, or appreciation of natural resources and that recreates an individual physically, psychologically, emotionally, spiritually, and socially.

Program Learning Outcomes:

1. Demonstrate excellence in analytical thought through oral and written communication.
2. Utilize philosophies and theories of recreation management to guide professional practice.
3. Communicate enhanced spirituality, character, and respect for diversity.

Course Specific Learning Outcomes:

1. Experience and learn basic outdoor techniques through participation in course activities.
2. Learn and apply fundamental outdoor ethics (Leave No Trace).
3. Review fundamental safety skills related to common practices in outdoor recreation.
4. Reflect on the impact of God's creations in your life and your feelings about this beautiful world He has given us.

Course Activities:

- | | |
|-------------------|--------------------|
| 1. Camping/Hiking | 4. Mountain Biking |
| 2. Canoeing | 5. Rock Climbing |
| 3. Kayaking | 6. Team Building |

Inherent Risk:

In consideration of my being enrolled in ExDM 123 at BYU, **I ACKNOWLEDGE AND AGREE TO ASSUME THE INHERENT RISKS OF THE ACTIVITIES ASSOCIATED WITH THIS CLASS.**

I acknowledge the risks involved in this class may include, but are not limited to:

Injuries resulting from climbing on uneven and/or artificial surfaces, slipping on wet surfaces, frostbite, abrasions, dislocations, strenuous long distance hiking and walking on trails in or out of water, hiking next to motorized vehicles, bicycles and among other walkers; getting lost, pulled muscle, muscle cramp or spasm, abrasions, dislocations, cuts, bruises, blisters, broken bones, strains, sprains, falls, concussions, torn muscles, internal injuries, spinal injuries, drowning, injuries caused by other participants, blows to the body, face or head, exhaustion, dehydration, physical or emotional distress, injuries from contact with equipment, injuries occurring from colliding with other participants or objects, bad decision-making, inattention of or actions of other participants, misuse or failure of equipment, damage to clothing and other personal items and other risks, animal or bug bites or stings, sunburn, hypothermia, heat-related illness, adverse weather conditions including lightning, rain, hail, wind, snow, ice, cold, heat and other weather related phenomena, hazards, or accidents, whether foreseen or unforeseeable.

Field Trips:

The experiential nature of course instruction requires that most activities take place away from campus. Students will be asked to meet at the starting location for these activities.

Assignments:

1. Attendance:
 - a. Each class period is worth 6 points. Each student must accumulate at least 36 attendance points. Students are expected to be on time for each class, and remain the entire class period. *Students coming late or leaving early may lose partial attendance points.*
 - b. A three-paper research paper for an unexcused absence can be submitted by the last day of class to make-up 6 attendance points if needed. *At least one reference source must be cited.*
2. Leave No Trace:

Each student will need to review each of the seven leave no trace principles found on the LNT web page at: lnt.org/why/7-principles Be sure to click the title link for each principle to read all of the available information. Two test questions with answers – in short answer format – must be submitted for **each** of the seven principles. This assignment is due September 28 and is worth 14 points. One point will be deducted from *each set* of Q&A’s for each day late.
3. Outdoor Safety:

Each student is required to read the selected article(s) for the following topics: blisters, dehydration, water purity, weather safety, altitude illnesses, avalanche safety, clothing layering, & hypothermia. **Three** test questions with answers – in short answer format – must be submitted for **each topic**. The first four topics are due September 14, and the last four topics are due October 12. Each set of Q & A’s is worth 3 points for a total of 24 points. One point will be deducted from *each set* of Q&A’s for each day late. Selected articles are found under the “notes” link on the class web page.
4. Reflection Paper:

Spend some time pondering the impact of God’s creations in your life and your feelings about this beautiful world He has given us. Then write a one-page reflection paper. This paper will be worth 7 points and is due October 19.
5. Exam:

Each student will be required to take an examination that will cover information from selected class lectures, videos, and class web page notes. This exam will be worth 45 points.

Note: All writing assignments must be submitted via email to the instructor as an attached word document. Answers for the Leave No Trace and Outdoor Safety assignments must be accurate and in short answer format – *at least two sentences are required (preferably three or four.)* Answers must be in your own words – copying and pasting answers is considered plagiarism. Papers (reflection/research) can be double spaced with a 12 point or smaller font size. Please check your written assignments for spelling and grammatical errors before submission.

Grading Procedure:

To pass this course, an overall score of 101 points is required. Minimum scores of 86% for attendance and 60% for the exam and writing assignments are also required to pass this class.

	<u>Points Possible</u>	<u>Minimum Score</u>
Attendance	42 points	36 points (86%)
Writing Assignments	45 points	27 points (60%)
Exam	45 points	27 points (60%)
Overall Score	132 points	*96 points

*The minimum score in each of the three grading areas will not accumulate enough points to reach the required 96 points to pass this course.

Important Information:

1. The course outline, schedule and lecture notes are available on the class web page at: **exdm123.byu.edu**
2. Classes are subject to change due to weather, scheduling of facilities, etc. Changes in the schedule as well as information about each activity will be sent via e-mail.
3. BYU Outdoors Unlimited has quality gear for available for a discounted rental fee for scheduled class activities.
4. Field trip insurance from the Risk Management and Safety department will be purchased for each activity. This insurance is a secondary insurance and has a maximum benefit of \$2,500.00.
5. To gain the most from this course students should strive to involve themselves, to the maximum, in each activity. This course is about doing and experiencing wholesome outdoor recreation activities and developing a desire to try new activities. It is the instructor's hope that you will have fun with this course and discover something new about yourself. *"Only those who will risk going too far can possibly find out how far one can go." T.S. Eliot*

Honor Code

In keeping with the principles of the BYU Honor Code, students are expected to be honest in all of their academic work. Academic honesty means, most fundamentally, that any work you present as your own must in fact **be** your own work and not that of another. Violations of this principle may result in a failing grade in the course and additional disciplinary action by the university.

Students are also expected to adhere to the Dress and Grooming Principles and Expectations. Dress for men and women should be modest in fit and style. Hair should be clean, neat, modest, and avoid extremes in styles and colors. Men's hair should be neatly trimmed. Men should be clean shaven. It is the university's expectation, and my own expectation, that each student will abide by these principles.

Students with Disabilities

If you have a disability that may affect your performance in this course, you should get in touch with University Accessibility Center (2170 WSC). This office can evaluate your disability and assist the professor in arranging for reasonable accommodations.

Preventing & Responding to Sexual Misconduct

In accordance with Title IX of the Education Amendments of 1972, Brigham Young University prohibits unlawful sex discrimination against any participant in its education programs or activities. The university also prohibits sexual harassment—including sexual violence—committed by or against students, university employees, and visitors to campus. As outlined in university policy, sexual harassment, dating violence, domestic violence, sexual assault, and stalking are considered forms of "Sexual Misconduct" prohibited by the university.

University policy requires all university employees in a teaching, managerial, or supervisory role to report all incidents of Sexual Misconduct that come to their attention in any way, including but not limited to face-to-face conversations, a written class assignment or paper, class discussion, email, text, or social media post. Incidents of Sexual Misconduct should be reported to the Title IX Coordinator at t9coordinator@byu.edu or (801) 422-8692.

Inclusion Statement

At Brigham Young University's Marriott School of Business, we embrace the university's mission to "assist individuals in their quest for perfection and eternal life." We strive to foster an environment that is respectful of all backgrounds, perspectives, and voices, that "all may be edified of all" (D&C 88:122). By extending a spirit of consideration, fellowship, and charity to everyone, we enable the discovery of common values and unique insights as we each pursue our worthy secular and spiritual goals.

We embrace the statement that President Russel M. Nelson made on June 1, 2020.

"The Creator of us all calls on each of us to abandon attitudes of prejudice against any group of God's children. Any of us who has prejudice toward another race needs to repent!"

During the Savior's earthly mission, He constantly ministered to those who were excluded, marginalized, judged, overlooked, abused, and discounted. As His followers, can we do anything less?

Let us be clear. We are brothers and sisters, each of us the child of a loving Father in Heaven. His Son, the Lord Jesus Christ, invites all to come unto Him—"black and white, bond and free, male and female," (2 Nephi 26:33). It behooves each of us to do whatever we can in our spheres of influence to preserve the dignity and respect every son and daughter of God deserves."

Introduction to Outdoor Recreation – ExDM 123 Course Schedule • Fall 2023

<u>Date</u>		<u>Activity</u>	<u>Notes</u>
September			
7		Team Building	
14	-Safety #1	River Run	
21		Mountain Biking	
28	-Leave No Trace	Canoeing	
October			
6-7		Capitol Reef Trip	Fri-Sat
12	-Safety #2	Rock Climbing	\$15 Fee
19	-Reflection Paper	Outdoor Cookout	Exam