

# Capitol Reef Trip - Gear List

## Camping Equipment:

- Gear Bag
- Day Pack or Hydration Pack
- 2-3 (1qt) Water Bottles
- Sleeping Bag
- Pillow
- Foam Pad
- Tent with ground sheet
- Flashlight/Headlamp w/new batteries

## Clothing:

- Hiking Shoes that can get wet
- Camp Shoes or Sandals
- Socks (avoid cotton!)
- Shorts (quick drying)
- Swimming Suit (optional)
- T-Shirts (short & long)
- Long Pants
- Sweatshirt or Fleece Jacket
- Wind/Rain Jacket
- Hat & Sunglasses

## Food:

- High Energy Snack Food
- Water (drink 2-4 quarts per day)

## Personal Items:

- Toilet Paper
- Toothbrush & Toothpaste
- Deodorant
- Hand Sanitizer
- First Aid & Medicine
- Sunscreen/Lip balm
- Bug repellent

## Misc./Extras:

- Camera
- Reading Material/*Scriptures*
- Ziplock Bags
- Hiking Poles
- Money/Venmo for food & camping fees